

treatment

laser peel

(modified erbium laser)

This procedure helps remove fine lines, diminishes the appearance of deep wrinkles, reduces sun damaged spots, and improves acne scarring. This treatment can only be carried out by a Healthcare Commission approved clinic.



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Laser Peel Procedures

- Lunchtime Peels
- Anti-Ageing Protocols
- Superficial Skin Refreshing
- Skin Tightening
- Wrinkle resurfacing
- Fine Line Reduction
- Scar Revision
- Pigmented Lesions
- Solar Lentigos (Brown Spots)
- Pore Size Reduction

Laser peel treatments help remove fine lines, diminish the appearance of deep wrinkles, reduce sun damage spots, and improve acne scarring. They produce outstanding results in removing wrinkles around the eye area and the mouth (especially noticeable in long term smokers).

The laser produces a high-density beam of light that removes precisely measured multiple layers of skin, penetrating as deep as the reticular dermis if necessary. The main advantage of laser skin resurfacing over a chemical peel is the precise control of penetration.

A further and simultaneous advantage of the procedure is **collagen shrinkage**, which leads to the improvement of the skin's elasticity and firmness. The irregular, disorganized collagen of the upper papillary dermis will be replaced with new, normal compact collagen and elastin.

Most patients can go back to work the same or next day following treatment.

Static facial rhytides (wrinkles) are the most amenable to removal with Er: YAG laser treatment. Dynamic wrinkles (movement associated) usually require the addition of muscle relaxing injections such as Botox for effective treatment.

Deeper lines and folds will benefit greatly from the use of dermal fillers such as **Restylane** or **Laresse**.

Dermatological Benefits

- Improved skin quality
- Softening or diminishing of fine lines
- Reduces signs of photo ageing and photo damage
- Reduces enlarged pores
- Enhances penetration of topical agents
- Tightens and smoothes the skin
- Improves appearance of pigmentary dyschromias (brown spots)
- Improves appearance of "age spots"
- Reduces acne scarring
- Stimulates production of collagen and elastin



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It was not as uncomfortable as I thought and I am really glad that I took your advice. My skin is now so much clearer and smoother.



Lunch Time Peel (superficial ablation)

For treating sun damaged skin, wrinkles, skin pigmentation (dark spots) and superficial scars. Benefits of this therapy include improvement of skin texture, tone, softness and the reduction of fine wrinkles and superficial scars. Your skin will have a mild 'sunburnt' appearance for approximately 2 days. Superficial peeling will occur lasting 3-5 days.

Treatment Course: Three treatments four weeks apart



Mid Depth Peel (20 - 30 microns)

This is a more aggressive laser treatment for sun damaged skin, wrinkles, skin pigmentation (dark spots) and superficial scars.

The first peel is an immediate ablation of varying depths resulting from vaporization of tissue. The second peel occurs several days later as a result of the coagulation of tissue beyond the ablation zone.

Benefits of this therapy include improvement of skin texture, tone, softness and visible reduction of fine wrinkles and superficial scars. Your skin will have mild to moderate redness and swelling lasting 1-3 days. Moderate peeling will occur and lasts 4-7 days. Total healing time is usually only 2-3 weeks.

Treatment Course: Two or three treatments four weeks apart

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What is the treatment like?

Light Laser resurfacing usually causes only mild erythema and temporary edema (2-3 days). Many patients experience mild discomfort during Erbium laser skin resurfacing similar to sunburn and require no pain medication whilst other patients appreciate an appropriate topical anaesthetic.

Laser resurfacing may cause the skin to become raw, red or pink with mild to moderate discomfort for several days following the procedure. Depending on the depth of the peel it can be between 72 to 96 hours post-treatment before the treated skin will start to peel.



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How soon will I see a result?

Noticeable results are typically seen in four to six days, with complete healing in 2-3 weeks. **Light resurfacing** around the eyes and lips generally heals in only a few days.

Most patients can be treated before the weekend and be almost completely healed by the following Monday.

A **deep full-facial resurfacing** may take up to two to three weeks before you feel aesthetically comfortable enough to return to your normal activities. The treated area will look very dark around the original sunspots or pigmentation; this is normal. On the fourth or fifth day post-treatment, the treated area will begin to present a new and refreshed look.

Results of Erbium laser skin resurfacing should last for years. Remember, the laser can improve appearance and decrease photo damage and scarring, but cannot arrest the natural ageing process and further sun damage should be avoided.

Best results are seen 6 - 10 months after a resurfacing procedure when new collagen has formed under the site of your wrinkles or acne scarring. Do not feel disappointed if you can still see wrinkles or scarring immediately after your treatment. Your laser resurfaced skin will continue to improve for up to ten months after the procedure.



Complementary Procedures

In addition to **Laser skin resurfacing**, other effective treatments which could be combined with Laser peels:

- **Titan Skin tightening** natural collagen replacement
- **Laser** collagen remodelling
- **IPL/Laser** – photo rejuvenation
- **Botox®** – muscle relaxing injections
- **Dermal Fillers** – containing Hyaluronic Acid, Calcium Hydroxylapatite or Bovine Collagen.
- **Long Pulse Nd. YAG** – red vein removal
- **SkinMaster Facial** – non surgical anti-ageing face lift
- **Chemical Peels** – which can commence 1-4 months after the resurfacing procedure if required.



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TITAN Non-Surgical Face Lift

Laser Collagen Remodelling

Laser Skin Resurfacing

Laser Thread Vein Removal

Laser Hair Removal

Sun and Age Spot Removal

Skin Tags & Mole Removal

Tattoo Removal

Photo Rejuvenation

Chemical Peels

BOTOX®

Excessive Sweating

Wrinkle Fillers

Sculptra™

Acne Treatments

Medical Microdermabrasion

Massage

Weight Loss & Cellulite

Colon Hydrotherapy



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